



# SIZE GUIDES



## \* MEN'S SIZE GUIDE - METRIC

SIZE	HEIGHT (cm)		WEIGHT (kg)		CHEST (cm)		WAIST (cm)		HIPS (cm)	
XXS	161	167	54	58	76	81	62	66	78	82
XS	165	172	56	63	82	87	66	70	82	89
S	169	176	61	68	88	96	71	76	90	96
M	174	181	66	73	97	104	77	85	97	102
L	178	185	76	85	106	114	86	95	103	108
XL	183	190	86	95	116	122	96	105	109	115
XXL	187	194	96	105	124	132	106	114	116	122

## MEN'S SIZE GUIDE - IMPERIAL

SIZE	HEIGHT (Ft)		WEIGHT (lb)		CHEST (In)		WAIST (In)		HIPS (In)	
XXS	5'3"	5'6"	119	128	30	32	24.5	26	30.5	32.5
XS	5'5"	5'8"	123	139	32	34.5	26	27.5	32.5	35
S	5'7'	5'9'	135	150	34.5	38	28	30	35.5	38
M	5'9'	5'11'	146	161	38	41	30	33.5	38	40
L	5'10'	6'8'	168	187	41.5	45	34	37.5	40.5	42.5
XL	6'	6'3'	190	209	45.5	48	38	41.5	43	45.5
XXL	6'2'	6'4'	121	232	49	52	41.5	55	45.5	48

**\* Use also the men's measurements for unisex sizing**

**WOMEN'S SIZE GUIDE - METRIC**

SIZE	HEIGHT (cm)		WEIGHT (kg)		CHEST (cm)		WAIST (cm)		HIPS (cm)	
XS	152	159	47	54	78	84	66	68	82	89
S	157	164	52	59	85	90	70	75	90	96
M	161	168	57	64	91	97	76	82	97	102
L	165	172	62	69	98	104	84	90	103	108
XL	169	176	72	79	104	109	92	102	109	115
XXL	172	179	87	94	110	116	104	112	116	122

**WOMEN'S SIZE GUIDE - IMPERIAL**

SIZE	HEIGHT (ft)		WEIGHT (lb)		CHEST (In)		WAIST (In)		HIPS (In)	
XS	5	5'3"	104	119	30.5	33	26	27	32	35
S	5'2"	5'5"	115	130	33.5	35.5	27.6	29.5	35.5	38
M	5'3'	5'6'	126	141	36	38	30	32	38	40
L	5'4'	5'8'	137	152	39	41	33	35.5	40.5	42.5
XL	5'7'	5'9'	159	174	41	43	36	40	43	45.5
XXL	5'8'	5'10'	192	207	43	46	41	44	45.5	48

**\* PFD / LIFE JACKET SIZE GUIDE**

	XS	S	M	L	XL	XXL
<b>Chest (cm)</b>	70cm -80cm	80cm-90cm	90cm-105cm	105cm-115cm	115cm-130cm	130+
<b>Chest (In)</b>	27.55" - 31.5"	31.5" - 35.4"	35.4" - 41.3"	41.3" - 45.2"	45.2" - 51.1"	51.1" +
<b>Weight (Kg)</b>	35 - 45kg	40 - 60kg	60 - 75kg	70+ kg	90+ kg	90+ kg
<b>Weight (lb)</b>	77lbs - 100lbs	88lbs - 132lbs	132lbs - 154lbs	154+ lbs	198+ lbs	198+ lbs

**FOOTWEAR SIZE GUIDE**

US SIZE	UK SIZE	EUR SIZE	FOOT LENGTH (cm)	FOOT LENGTH (in)
5	4.5	36.5	23.5	9.2"
6	5.5	38.5	24	9.4"
7	6	40	25	9.8"
8	7	41	26	10.2"
9	8	42.5	27	10.6"
10	9	44	28	11"
11	10	45	28.5	11.2"
12	11	46	29	11.4"
13	12	47.5	30	11.8"

**\* Note: We recommend you select your Vaikobi PFD based on your chest measurement rather than your weight. Vaikobi PFDs have buoyancy above the minimum floatation required for under our ISO 12402-5 certification.**